



# St. Gerard

## Roman Catholic Parish

**June 14, 2020**  
**Solemnity of the**  
**Body & Blood of**  
**Christ**

Established December 11, 1904

### LORD'S DAY MASS TIMES:

Saturday: 5pm, 7pm Sunday: 9am, 11am, 1pm (until further notice)

### CONTACT US

The Parish Office is currently closed to the public.  
You may phone/email the office Monday to Thursday between 9am and 4pm.

125 Third Avenue North, Yorkton, SK S3N 1C4

[www.stgerard.ca](http://www.stgerard.ca) | Telephone: 306.782.2449 | Email: [office@stgerard.ca](mailto:office@stgerard.ca)

Pastor.....	Fr. Louis Kim Nguyen	306.782.0323	<a href="mailto:louisyorkton@gmail.com">louisyorkton@gmail.com</a>
		306.621.8068	
Parish Office Administrator.....	Sandra Archer		
Caretaker.....	Mario Guerra		

### MASS SCHEDULE

Mon. (15<sup>th</sup>) NO MASS

Tues. (16<sup>th</sup>) 7pm +John Fedirko

Wed. (17<sup>th</sup>) 7pm +Zygmunt Gebhard

Thurs. (18<sup>th</sup>) 7pm +Peter Zakreski

Fri. (19<sup>th</sup>) **THE MOST SACRED HEART OF JESUS**  
7pm +Andre Turgeon

Sat. (20<sup>th</sup>) **THE IMMACULATE HEART OF THE BLESSED VIRGIN MARY**  
9am Russell Griffith

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5pm Lewis Lozinski

7pm +Colette Lammers

Sun. (21<sup>st</sup>) **TWELFTH SUNDAY IN ORDINARY TIME**  
9am +Bruce Wonchulanko  
11am Mass for the People  
1pm +Mathew Abraham

### RE-OPENING THE CHURCH

**Great news!** Per the Government of Saskatchewan and the Archdiocese of Regina directives, Father Louis will celebrate public Saturday/Sunday Mass for **75 people** at 5 Masses next weekend. Please be patient as we are doing our best to follow the guidelines and to welcome as many people as possible.

#### All those wishing to attend must pre-register:

1. Check out the link at [www.stgerard.ca](http://www.stgerard.ca) and complete the registration form for you and your household between Monday morning and Thursday at 4pm (or until registration has ended).
2. Only if you do not have access to the internet, phone the Parish Office at 306.782.2449 Monday to Thursday from 9am until 4pm. If leaving a message, please include your name and telephone number and your call will be returned.

**All must receive confirmation from the Parish Office prior to attending Mass. Thank you!**



**Stay Connected Online!**

[www.stgerard.ca](http://www.stgerard.ca)



Lord, through your Body and Blood you offer me the gift of eternal life. Help me to make sacrifices and share what I have with the poor.

- From *Hopeful Meditations for Every Day of Easter Through Pentecost*, Rev. Warren J. Savage and Mary Ann McSweeney

## A Note from Your Pastor.....

My dear Sisters and Brothers in Christ,

After almost 3 months having not been able to gather to celebrate the mystery of faith together because of COVID-19, this Sunday is the first time we are coming back - although with the limitation for only 30 people to attend. **I am very happy to welcome you back!** It is wonderful to be in God's house as a family, around the table of the Eucharist where Jesus is the center and the host of our holy banquet. He loves us and he feeds us with his holy Body and Blood, and he never ceases to invite us to come, to be with him as he says, "*Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest.*" (Mt 11.28).

This weekend we celebrate the Solemnity of the Body and Blood of Christ: The Eucharist. It is the heart and the summit of the Church. We always celebrate the Eucharist with the proclamation of the Word of God, with thanksgiving to God the Father for all His benefits, which, above all, is the gift of his Son Jesus Christ and the consecration of bread and wine. Through this consecration we participate in the liturgical holy banquet by receiving the Lord's Body and Blood. I would say that Christ himself, acting through the ministry of the priest, offers the Eucharist sacrifice not only for the weekend, the Lord's Day, but daily.

Did you know that each time we celebrate the Eucharist, we deepen and more perfectly complete our own Christian initiation? We enter ever more deeply into Christ, putting on Christ more fully as a garment and living with Him forever.

Christ is present in the Church in many different ways. We find Him in God's Word which is proclaimed every day when we gather to celebrate the Eucharist. We find Him among the poor and rejected, whom he loves. We find Him in all sacraments. But above all He is especially present in the Holy Eucharist. He makes himself present in the bread and in the wine in this special sacrament.

The priest uses the words of Christ from the Last Supper, but the power to transform the bread and wine to become the Body and Blood of Christ is the power of the Holy Spirit. It is a miracle and we call it **transubstantiation** because we refer to the belief that the very substance of the bread and wine actually changes. It is for this reason that we bow or genuflect when we enter into the Church or pass the tabernacle.

Indeed, Christ gave himself this memorial of His love to his disciples, and now he remains mysteriously present in our midst, still loving us, still giving us grace and still present. You and I, we will not try to understand this, as St. Thomas reminds us, "*sight is blind before God's glory, faith alone may see his face*", but we give ourselves over to this miracle, gather with others who believe, break open and share the Word, then turn to the gifts of bread and wine with an ordained priest, who represents Christ.

The key to the Eucharist is: **we become what we receive**. When we celebrate the Eucharist, we join more closely to Christ and to one another. Indeed, by receiving the Eucharist we become the body of Christ and in this process we are freed to live in Christ and to live with love and to shed our sinful behaviour. Therefore, Holy Communion increases our union with the Lord and with others as well, forgives our venial sins, and helps us to live in grace.

There is one question that I would like to ask you to think about: how can we be joined to one another and not love? In this way, by repeating the Eucharist over and over again, our journey of faith, our journey of love for one another, is empowered.

We are joined to one another and to the poor, the rejected, and the outcast... we are joined to Christ. And finally, the Eucharist, and our gathering for it, also expresses the hope that one day we will live in this love forever. In truth, one day we will have the joy of knowing God revealed to us in Christ, and we will live in the Spirit.

My dear Sisters and Brothers, I want to encourage you to **COME** at least once a week to celebrate the Eucharist. At St. Gerard's Church we celebrate the Holy Eucharist Tuesday through Sunday. Christ is truly present in the midst of us. He will make us one and strengthen us with His Body and Blood as He strongly claimed, "I came that they may have life, and have it abundantly." (Jn 10.10b)

Finally, I want to finish my message with a prayer. You may use this prayer at anytime when you are in communion with Christ in the Eucharist:

*Lord Jesus, you give us yourself in the Eucharist and invite us to become your body.  
May we be worthy of this great calling and always embrace it with love and commitment.  
We now turn our hearts once again to you as we recall your selfless love for us.  
We listen for your voice as it sounds in our hearts in these quiet moments.  
Our hearts fill with awe and gratitude as we contemplate your mercy toward us.  
Make us, we pray, merciful likewise toward one another.  
We pray in your holy name. Amen*

Peace and love,

Rev. Louis Nguyen

### **Consecration of the Family to the Sacred Hearts of Jesus and Mary**

Most holy Hearts of Jesus and Mary,  
united in perfect love,  
as you look upon us with mercy and caring,  
we consecrate our hearts,  
our lives, our family to you.

We know the beautiful example  
of your home in Nazareth was meant to be  
a model for each of our families.

We hope to have,  
with your help,  
the unity and strong, enduring love  
you gave to one another.

May our home be filled with joy.

May sincere affection, patience,  
tolerance and mutual respect  
be freely given to all.

May our prayers be filled with the needs of  
others,  
not just ourselves  
and may we always be close to your  
sacraments.

Bless those who are present,  
as well as those who are absent,  
both the living and the dead;  
may peace be among us  
and when we are tested,  
grant us the Christian acceptance of God's  
will.

Keep our family close to your Hearts;  
may your special protection be with us  
always.

Most Sacred Hearts of Jesus and Mary, hear  
our prayer.

**Livestream of Daily and Sunday Masses  
- Resurrection Parish (Regina) -**

are available at **9am** at the following link:

[www.livestream.com/accounts/17094656](http://www.livestream.com/accounts/17094656)

Mass may be viewed live, or at any time after the time listed.

**Daily & Sunday Mass may also be viewed:**

Vision TV (check your local TV listing)

[www.dailytvmass.com](http://www.dailytvmass.com)

[www.saltandlighttv.org/live/?muid=1](http://www.saltandlighttv.org/live/?muid=1)



A two-hour presentation featuring **Our Lady of Lourdes Shrine at Rama** will be televised on Access 7 TV on Tuesday, June 16 @ 3pm.

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**PRIVATE PRAYER IN THE CHURCH**

Please phone the Parish Office at 306.782.2449 to make arrangements if you would like to spend time in private prayer in the church.

*Subject to change without notice.*

**WORLD DAY OF PRAYER FOR PRIESTS**

**June 19**

Gracious and loving God, we thank you for the gift of our priests. Through them, we experience your presence in the sacraments.

Help our priests to be strong in their vocation. Set their souls on fire with love for your people.

Grant them the wisdom, understanding, and strength they need to follow in the footsteps of Jesus.

Inspire them with the vision of your Kingdom.

Give them the words they need to spread the Gospel. Allow them to experience joy in their ministry.

Help them to become instruments of your divine grace.

We ask this through Jesus Christ, who lives and reigns as our Eternal Priest. Amen

The St. Gerard C.W.L.'s Gigantic Garage Sale  
has been CANCELLED  
for September 2020  
due to the COVID-19 Pandemic.



Please do not bring items to the church or Father's garage. Thank you!

**FAMILY ACTIVITY**

**Fresh Bread**

In the gospel, Jesus said he was the living Bread that came down from heaven. In his culture, bread was a common, but important food. Bread was easy to make and fed most people every day. Even sharing bread was a sign of friendship and commitment. People today share these same bonds at family dinners and other special occasions.



Share some fresh bread at your next family meal. Involve your family members in making the bread. Then, when your family is first gathered around the table, bless God for his goodness, break the bread, and give a small piece to each member. Remind your family members they are bonded to each other, like a loaf of bread. Compare this family "agape" with Communion when Jesus unites his followers with shared bread, his very flesh!

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# Bringing Home the Word

## A Deeper Hunger

By Fr. Mark Haydu, LC

The Book of Deuteronomy is written to the Israelites now safely in the Promised Land. After the pains of the desert, they enjoy prosperity and blessing. In the desert they were given a food they had never known before. Manna was a new discovery and a gift for their survival. Now that they could enjoy fruit and meat, Moses commands them to remember when they totally depended on God. In their abundance, they run the risk of forgetting all God has done. They are asked to recall, to remember, to memorize.

Cultivating our memory and recalling the acts of God's fidelity and providence are important to nurturing our faith. If we don't, our mind will glorify the forbidden fruits, or, like the Hebrews remembering the onions of Egypt, we will desire the food of our slavery.

We also experience a deeper hunger, more persistent than the physical. We hunger for love, freedom, peace, and communion. Jesus satisfies the deepest desires of the human heart. He gives up everything to win us back, even his own Body and Blood. We find freedom in submitting ourselves to the one who lifts us up. Peace and communion come from sharing the cup of his love. Jesus truly satisfies our hunger and thirst.

When we look around, foods are available that claim to be more satisfying. Some, in the absolute, can be venom: wealth, power, pleasure. Other realities, even the most pure, are beautiful but only partially nourish us, leaving us unsatisfied. The only truly filling food is that which the Lord gives.

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## GIVING TO YOUR PARISH

The COVID-19 virus has impacted individuals world-wide. St. Gerard's Parish is no exception.

One of the consequences of not being able to gather together for Mass is that our revenue has decreased. Despite availing ourselves to government relief programs, our expenses continue.

Thank you to those who are able to contribute by one of the following methods:

### Pre-Authorized Giving (PAG)

After downloading the [Pre-Authorized Giving Form](#), please complete it, attach a void cheque, & mail it to:

St. Gerard Parish  
125 Third Ave N  
Yorkton, SK S3N 1C4

### Interac e-Transfer

1. Log into your online banking account.
2. Find e-Transfer and add [giving@stgerard.ca](mailto:giving@stgerard.ca) to your recipient list.
3. Enter the desired amount.
4. A question, answer, or password is not required by St. Gerard Church, however it may be required by your financial institution. If so, please email the question and answer to [giving@stgerard.ca](mailto:giving@stgerard.ca) with your name, mailing address and telephone number so that we can ensure your contribution is recorded properly.

Please note that this is a secure transfer deposited directly to the church's account.

If you have an envelope number, your donation will be reflected in your annual charitable donation receipt. All others will receive a receipt by mail, so PLEASE include your mailing address in the follow-up email. Thanks!

### Online through CanadaHelps

Credit card donations may be made through CanadaHelps by clicking [here](#).

### Mail envelopes to the church

You may mail cheques (not cash), enclosed in your offertory envelope to:

St. Gerard Parish  
125 Third Ave N  
Yorkton, SK S3N 1C4

E	V	E	N	V	A	E	H	S	E
L	I	V	E	N	D	A	E	R	B
A	E	D	Y	A	E	N	Y	O	E
N	D	O	O	R	E	V	E	T	H
R	N	O	S	E	D	F	A	S	T
E	F	L	E	H	O	R	E	E	A
T	A	B	D	T	E	L	I	C	H
E	V	R	E	A	F	A	B	N	I
L	S	E	L	F	E	E	V	A	K
A	N	R	E	T	E	D	A	E	L

BREAD	HEAVEN	LIVE
EVER	FLESH	DRINK
BLOOD	ETERNAL	FATHER
ANCESTORS	DEAD	ANYONE



## IN MEMORY OF GEORGE FLOYD – ARCHBISHOP DON'S WEEKLY MESSAGE

The serious restrictions brought about in response to the pandemic began as we entered into the season of Lent. Three months later, as we return to Ordinary Time, we are starting to see the easing of restrictions. Last Sunday and this coming Sunday, Mass is being celebrated in many of the churches throughout the Archdiocese with up to 10 people present. That will rise to 30 persons on the weekend of June 13/14, with the prospect of those numbers rising as we show that we are able to celebrate the Eucharist and gather congregations without jeopardizing the health of those attending. There is reason to be grateful that faith communities have been heard. After not being included in the Saskatchewan Reopening plans, heads of faith communities gathered by videoconference, wrote to the Premier, and met with the leader of the opposition. Two extraordinarily gifted members of the Covid response leadership team were assigned by the provincial government to work with us, and this led quickly to the publication of directives for faith communities, and an easing of restrictions. The meetings are continuing, and we can expect further steps to be taken as early as next week. I take this opportunity to express our thanks to those we have had the opportunity to work with. Meanwhile, our Archdiocesan working group is diligently thinking through the implications of these new directives for our parishes. We continue to ask for your patience, perseverance and prayers.

Ordinary time is a beautiful season, because God has blessed our ordinary lives in extraordinary ways. The mystery of God's presence in the ebb and flow of our daily lives is a source of wonder and joy which never grows old.

But events put in motion by the killing of George Floyd in Minneapolis last week have turned our attention elsewhere, and I would like to offer a few reflections in that regard. Our neighbours to the south are in some ways the most advanced nation in the world; but they are also a society deeply divided, with an embedded racism that is deeply destructive. Archbishop José Gomez, the President of the U.S. Conference of Catholic Bishops, opened his statement of three days ago with these words: "The killing of George Floyd was senseless and brutal, a sin that cries out to heaven for justice. How is it possible that in America, a black man's life can be taken from him while calls for help are not answered, and his killing is recorded as it happens?"

The days following this tragedy have given rise to protests and riots, to acts of generosity and to acts of aggression. A light is being shone on many things, among them: how racism can lead to violence; and how racial injustice gives rise to inequalities in terms of poverty, incarceration rates, access to quality education and to health care, family breakdown, and other experiences of marginalization. We are hearing an outcry against all of that, and we are witnessing a backlash against protestors, and a stifling or distorting of those who cry out for justice.

As church we are called to stand in solidarity with all those who suffer, all those who yearn and actively work for a just society. Non-violent protests against injustice are a powerful way to bring about change, and the life and teaching of Jesus give witness to peaceful but costly ways to transform situations of injustice. It is above all in his death on the cross - which was a death by asphyxia - that the Lord ultimately witnessed to how the deepest transformation is brought about by God. George Floyd too died by asphyxiation, and the Lord who invites us to stand with the crucified in our day summons us to solidarity.

The polarization and embedded racism of American society brings forth lament from us. But here in Canada, here in Saskatchewan, we too struggle with an embedded racism. Why is it that our Indigenous

people are on the losing end of so many societal indicators of well being - education rates, incarceration rates, health struggles, economic struggles, children taken from their parents, suicide rates? Why is it that these injustices persist? Why are we so slow to walk with our Indigenous Peoples, to stand with them in their struggle for justice, to address and to root out the seeds of racism? How is it that our churches, inspired by the Gospel of the crucified Christ, are so often blind to the suffering and injustice, humiliation and wounds of our sisters and brothers? Those are questions that should shape our agendas and draw on our best energies and resources, in our churches, and in our society, going forward.

Years ago I had the privilege of studying the writings, speeches and life of Martin Luther King Jr. Grounded in the Gospel, he points a way forward for the people in the United States, past and present, and for us too. King noted that one who passively accepts evil is as much involved in it as one who perpetrates it. The civil rights movement he led sought to bring change, but to bring it in a non-violent way. He noted, "I've seen hate on the faces of too many sheriffs..., too many Klansmen of the South to want to hate, myself.... Hate is too great a burden to bear." "Hate begets hate; violence begets violence; toughness begets a greater toughness. We must meet the forces of hate with the power of love." But that love was not to be passive. Love never rests easy when people unjustly suffer.

One last quote from Martin Luther King Jr., which speaks to us powerfully today, in Saskatchewan as in Minneapolis; in the church as in society. He writes, "Our loyalties must transcend our race, our tribe, our class, and our nation; and this means we must develop a world perspective.... the judgment of God is upon us, and we must either learn to live together as sisters and brothers, or we're all going to perish together as fools."

I trust and pray that the God of all creation won't let that happen; but that same Lord and God summons us to remove all hate from our hearts; to love and walk with those in greatest need; to stand up for justice, to seek peace, so that our lives witness to a Gospel-inspired way of living together. Now is the time to learn how to transform our lives, our churches, our society, that we might truly reflect the Gospel we proclaim and the Kingdom Jesus came to bring.

God bless you all on this journey.



### The Diocese Tonight!

Everyone (and we do mean everyone!!) is invited on **TONIGHT June 14th at 7:00 PM** to come together for an Archdiocesan virtual family gathering! This gathering is meant to bring together folks from all across southern Saskatchewan for a shared time of music, laughter, prayer, and good news. Please join us! [www.youtube.com/ArchdioceseRegina](http://www.youtube.com/ArchdioceseRegina)

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### A Celebration of the Word of God Resource

St. Therese Institute of Faith and Mission in Bruno, Saskatchewan, Canada, is happy to make available an easy-to-follow guide, designed for use in the home--the domestic church--by the lay faithful, to help families and other small groups enter into daily reflection on the Word of God and Spiritual Communion.

This guide is particularly suited for these times when we are not able to attend Mass together but still yearn to unite ourselves with Christ, the Word of God, through prayer and reflection together.

Here is the link to the downloadable and printable A Celebration of the Word of God resource:

[www.sttherese.ca/blog/item/407-a-celebration-of-the-word-of-god](http://www.sttherese.ca/blog/item/407-a-celebration-of-the-word-of-god)

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**The Archdiocese of Regina, in communication with Catholic health leaders, has compiled a series of one-page directives** and guidelines on a variety of issues affecting churches and sacramental practice during this COVID-19 pandemic. Information is provided on current government directives, private prayer in church, sacraments, weddings, funerals, and more.

[www.archregina.sk.ca/content/church-and-sacramental-guidelines-covid-19-pandemic](http://www.archregina.sk.ca/content/church-and-sacramental-guidelines-covid-19-pandemic)



FAITH FORMATION

### Online Catechetical Resources

Our Catechist Robert Barr has put together a wide variety of online resources for children, teens, adult and families:

[www.archregina.sk.ca/catechetical-support-parishes](http://www.archregina.sk.ca/catechetical-support-parishes)

### COVID-19 UPDATES

The Pastoral office is now closed to the public until further notice, if you need to reach a staff member, the best way to contact them is by email.

A full list of their contact information is available on the COVID-19 Updates page.

[www.archregina.sk.ca/content/covid-19-updates](http://www.archregina.sk.ca/content/covid-19-updates)

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### Archdiocese of Regina on Social Media

We invite you to like us on Facebook, we will have regular Facebook Live prayers and we would love to have you join us!

[www.facebook.com/ArchdioceseofRegina/](http://www.facebook.com/ArchdioceseofRegina/)

You can also find us on Twitter @archdioceseofreg and on Instagram archdioceseofregina.

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### Compassionate Listening

If you find that during this difficult time you need a compassionate listening ear, visit:

<https://archregina.sk.ca/archregina-outreach>

for a list of spiritual directors and candidates in training who have volunteered their time to be there for anyone who is struggling.



### Prayers, Devotions and Resources

Visit the Prayers and Devotions page to find information on daily mass, daily readings and reflections, prayers, stations of the cross and other resources that may be valuable during this time of social distancing.

<https://archregina.sk.ca/prayers-devotions-resources>

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### Archdiocese of Regina Weekly Report

Sign up for our Archdiocese of Regina Weekly Report and stay up to date on COVID-19 Updates and other news, delivered to your inbox every Friday morning. Free! Sign up now: <https://bit.ly/2QIMB0o>

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### 2020 Spring ARCH is now available!!

<https://archregina.sk.ca/sites/default/files/thearch/pdffissues/2020%20Spring%20ARCH%20Final.pdf>



## YOUTH NEWS AND INFORMATION

### **"Food for Life"**

#### **This Week...**

The Israelites in the desert are given the fine white flakes of manna on the ground to eat and water from a rock to drink so that they will not die. In a similar way, Jesus gives us his own flesh to eat and his blood to drink so that we will not die. Our unity as one is symbolized by the one loaf.

#### **For Your Reflection**

Jesus tells us that he is the living bread of life, and that those of us who eat his flesh and drink his blood will live forever. We call that meal the Eucharist; this name means "giving thanks."

- Are you thankful for the abundance of food in your life? Or do you take it for granted?
- How often have you gotten ready for an evening meal (after eating once or twice already that day) and said, "I'm starving!"
- How often do you think of people who only have one tiny meal to eat all day? When you do think of them, how do your thoughts affect you?

The symbol of the meal is significant. In Jesus' time every item of food had to be prepared, and the ingredients needed to be gathered and used before they spoiled. Preparing and cooking food for a meal was a major job.

- What do you think is the overall attitude of teenagers regarding food, nutrition, and health? Are most teens careful not to eat junk food - or is junk food their main form of nutrition?
- Is there a problem in your area with obesity? How about anorexia? Bulimia?
- How are today's meals and meal preparation procedures different from the meals and their preparation in Jesus' time?

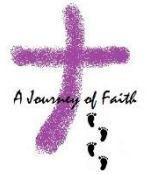
Excerpt from *In Touch With the Word, Cycle A for Advent, Christmas, Lent, and Easter* St. Mary's Press, 2004



**RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)** is an incredible journey of discovery, the discovery of God's love in Jesus. If you or someone you know is interested in exploring the friendship and saving grace of Jesus Christ, we invite you to join us in the RCIA journey. It is a warm, welcoming experience that introduces the Christian faith in our Roman Catholic tradition. We explore topics such as Holy Scripture, the Sacraments, Church history and the core beliefs of the Church. Anyone who has taken this "leap of faith" has found it to be a life-altering experience.

The RCIA process is intended for those who are non-baptized. There are several rites and stages that are part of the process to prepare adults for Baptism and to receive the Sacraments of Confirmation and Eucharist at the Easter Vigil.

**Rite of Reception of Baptized Christians into the Full Communion of the Catholic Church.** If you have been baptized in another Christian tradition, the Catholic Church respects that baptism. Baptism is the sacrament of our rebirth in Christ and our immersion into His saving death and Resurrection. It can never be repeated. Reception into the Full Communion of the Catholic Church happens after a period of preparation through catechesis, prayer and worship, and an introduction to Catholic life, values, and mission.



**Adults who have been baptized in the Catholic Church but have not received the Sacrament of Confirmation** can prepare for reception of this sacrament through a period of catechesis and prayer.

If you are interested in this journey of faith, please contact Fr. Louis at 306.782.2449 or 306.782.0323.

*And to all our friends in St. Gerard's parish, we remind you that we all have a responsibility to share our faith and bring others to Christ. If you know of a family member, friend, co-worker or fellow student who is searching for a deeper meaning in their life, let them know about RCIA.*

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## LOST SOMETHING?



**Mitts, toques, etc.** – check the literature display drawer marked "Lost and Found" in the Welcome Area.

**Books, religious articles, jewellery, etc.** – contact the Parish Office.

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## OFFERING A MASS

The offering of a Mass in the name of a deceased family member or friend is one of the greatest ways to keep our beloved dead in our living memory. At each celebration of the Mass, the great prayer of sacrifice is made complete as Jesus' life, death and resurrection is offered to God the Father. When we offer a Mass for a particular person, we ask that in a special way the individual be remembered by the priest who offers up the great sacrifice on behalf of the whole community of faith. In a very real and active way, the life, death and resurrection of the person remembered becomes present and is offered up with Jesus. Each time we offer up a Mass for someone, living or dead, we celebrate the greatest gift of our faith – the gift of Everlasting Life in Christ.

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**Adoration of the Blessed Sacrament** is available daily at the EADM Centre Chapel at 484 Hamilton St. Regina. Hours: 10:00 am to 8:00 pm on Monday through Thursday. Friday, Saturday & Sunday: 2:00 to 5:00 pm. Please help us keep Adoration of the Blessed Sacrament available in Regina on a daily basis.

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## The Healing and Growth Centre St. Therese Institute of Faith and Mission

**St. Therese Institute of Faith and Mission** – Searching for God's purpose in your life? Want to live life more fully, and take your faith to the next level? Then, come to St. Therese! At St. Therese Institute of Faith and Mission, adults of all ages can explore their faith, discern their vocation in life, foster their prayer life and deepen their relationship with Jesus Christ. Visit on line at [www.sttherese.ca](http://www.sttherese.ca)

### **Rachel's Vineyard: a psychological and spiritual journey for healing after abortion.**

Are you hurting because of an abortion? **Rachel's Vineyard** is a safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer you a supportive, confidential and non-judgmental environment where women and men can express, release and reconcile painful post-abortive emotions to begin the process of restoration, renewal and healing. For more information, please contact Elaine at 1.306.480.8911 or email [r.vineyardsk@sasktel.net](mailto:r.vineyardsk@sasktel.net)

**ST. FRANCIS XAVIER UNIVERSITY** offers distance education courses for adults seeking faith formation for personal and professional development: ***Diploma in Ministry; Certificate in Lay Ministry; Come Let Us Worship: A course in liturgical foundations; Certificate in Spirituality; and Diploma in Intellectual Disability Studies.***

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